

***“Solutions are God given and natural. They are not complex. They have just been hidden.”—Lee Merritt MD***

What I would do if I had been Vaccinated to avoid or correct problems: Keep in mind that no one outside of Big Pharma actually knows what is in the vaccines, because they want to keep that information locked up for 75 years. This is my opinion and does not constitute official medical advice. If you are sick or bleeding contact a competent medical authority. This is for adults. For children I cannot affirm the dosages and I would find a non-vaccinating Pediatrician. This program is simply what I would do for myself or a loved one. Everyone has to make their own choices.

**Background you can skip to get to the exact program:** There is absolutely no question about vaccine damage. We have lost the equivalent of 11 teams of professional soccer players after the vaccine was mandated by the teams. A Whistleblower for the health ministry in New Zealand reports that in the worst batch of the vaccines 22% of those who took it died. And that was only the worst group. We have reached record levels of stillbirths and miscarriages, heart attacks, strokes and cancer. All cause mortality is up in every age group—including toddlers. But there were two lies: 1) The Vaccine is safe and effective, and 2) There is nothing you can do once you have taken it

We do not yet know the long term outcome of these injections. We do not completely know what is in it but we know somethings. Regardless of the time since the “vaccine”, if I had taken any of these misnamed toxic agents, I would do the following things.

**First 4 Critical steps:**

1. The first thing to do is get some nicotine gum (if you are a non smoker) and begin at a low dose 1-2 mg three times a day chewing it. This is easy to obtain and can make immediate benefits because it blocks the receptor for the toxin they called covid and the spike protein.
2. Begin Ivermectin using 1mg/7lb body weight for a week, then same dose 3 days a week for 8 weeks. After that I would start a regular parasite protocol as outlined on the front page of the website [wwwTheMedicalRebel.com](http://www.TheMedicalRebel.com). If you don't have easy access to Ivermectin which you can get from oversease pharmacies

(GrantPharmacy.com and others), get Panacur-C for horses in a syringe and use by body weight in the same manner.

3. Although it may sound crazy this is based on 5000 years of medical practice and testimonials from vaccinated patients who have done this—Urotherapy. The idea is to drink 2-4oz of your urine every day, because urine is sterile and carries the electromagnetic signature of your good DNA as well as antidotes and antibodies, and some say stem cells. Your urine is making these, day to day, to correct problems your own cells sense. The body is self-corrective, but this amplifies the effect. I collect my first morning urine if I can, if not use any time of day. Urinate a little into the toilet, then catch the 2-4oz in a cup. I let the urine cool in the refrigerator for a bit but not necessary. I also mix with a little juice, then gulp it down and follow with a little more juice. Urine has not much taste unless you have ingested alcohol the day before. If you are taking narcotics you should not do the urotherapy due to the byproducts in urine.
4. When you are under control with the first three items: print off the Chlorine Dioxide paper from the front of [www.TheMedicalRebel](http://www.TheMedicalRebel) website. Order the kit or spray or items to make your own solution. Begin the protocol as outlined. Once you are at 5 drops a day you can hold at that level, or go higher. Take the time to learn the beauty of Chlorine Dioxide. This is all on that handout as well as a video to watch etc.

**Ultimately, wellness is an everyday project and you need to do more but don't get overwhelmed and miss the 4 basics above:**

- Start Vit C. I especially like liposomal by Mercola, but anything is better than nothing, and liposomal is more expensive. Take 2000mg 4x a day as soon as possible after vaccination for a few days. After that either continue 2 gm a day.
- Begin EMF mitigation as outlined under the EMFsol tab on the front of the website.
- I would get chelated with Calcium EDTA at least weekly for a month and while you are at it do a heavy metal challenge. It is much better than blood or hair for determining heavy metal levels. You do not want high aluminum or lead etc.
- In addition to the above mentioned 2 gm Vit C a day: I take the following supplements because I am a recovering Medical Doctor and

learned from the Naturopaths that a few pills don't fill up your nutrient tank. That is why so many people lost hair after COVID—the body ran out of the nutrients it needed to fully function so shut off nonessential activities such as hair and nail growth. I make this easy at the Medical Rebel Shop [TheMedicalRebel.com](http://TheMedicalRebel.com) (click shop):

- Vitamin D. Adults should take 5000-10,000 iu a day. (No overdoses have been recorded at 10,000 iu a day. At some point, after a couple months or so, check a level and you want to be above 55.)
- I use the Foundation pack to get my 90 essential nutrients. Here's the link.
- [https://www.themedicalrebelshop.com/store/p55/Healthy\\_Foundation\\_Pak\\_2.5.html#/](https://www.themedicalrebelshop.com/store/p55/Healthy_Foundation_Pak_2.5.html#/)
- The following are contained in the Rebel Immunity which saves money from multiple bottles of supplements: Iodine 12.5 mg, NAC 1000 mg,, Chromium 1 mg, Copper 1 mg, Zinc 25 mg, Selenium 200mcg, Quercetin 500 mg, Betain (Trimethyl Glycine) 200 mg.
- I take a dose of Greska's C-60 two times a day. (available on the Medical Rebel site) because it is a super antioxidant, and by physician reports is a great heavy metal chelator. It also is an electron donor. In private unpublished research it resolves rouleaux formation (stacking of the red blood cells seen after vaccine). It may help the graphene problem. Graphene sucks up electrons to damage metabolism and cellular health. The dosage is whatever comes up into the eyedropper 1- 2 times a day. I have had patients report immediately feeling better using this.
- I would not get ANY further vaccine--not just the COVID series, not just a booster, but any vaccine—no shingles, no flu, no nothing. Keep in mind they have made a new Combo Flu Vaccine that combines the old flu vaccine with the Covid-19 Vaccines...So your children are not being protected by the recent government edict to eliminate childhood COVID vaccines in school in some states. My colleagues have seen BLINKING LIGHTS under dark field microscopy looking at not only COVID Vaxx but also childhood tetanus vax.
- Do not wear a mask—it increases your risk of illness by retaining CO2, bacteria, and other pathogens behind the mask. It does nothing to protect you against anything except splashed blood etc.

- Eat an anti-inflammatory diet. See Grain Brain by Dr. Perlmutter, or Wheat Belly by Dr. Davis. The key is good natural fats in abundance, no man made foods, low carbohydrate, no Wheat. I don't drink milk, but I do use full cream, eat cheese, and eat yogurt and kimchee and saurkraut for good gut health.
- After implementing the above, I would go to a cash lab and get a D-Dimer test. I would find a person who does fresh blood examination and have that done as well. (Doing these tests to begin is ok but it may delay therapy, and it wouldn't change my mind about the protocol, because we have seen problems arise late even with early normal labs. What we would want to determine is if our d-dimer (an indication of active clotting) is normal, and if our blood looks normal. (After injection, people are often noted to have clumping, or "rouleaux" formation in the red blood cells.) This can guide further therapy and you may need to find an enlightened medical practitioner at that point to guide you.

Finally consider these optional ideas—

- a. Add IV glutathione and Vit C injections weekly for a few weeks at a chelation center etc.
- b. IV ozonation or Hyperbaric Therapy may also help reverse many effects including wound healing etc. I would do this as soon as possible.
- c. Also, consider this cheap and potentially effective healing strategy. For information I would watch this video by Leonard Horowitz on the healing ability of 528 Hz. I have a couple 528 tuning forks, and I listen to 528 hz tones in the background as I do computer work. Here is the URL of his video: <https://www.youtube.com/watch?v=0nO48UizLk>
- d. We have a podcast every Monday where we educate and take questions. You can join at [www.TheMedicalRebel.com](http://www.TheMedicalRebel.com)